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THE EXPLORER

A publication of the Kentucky Dental Hygienists' Association

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SEPTEMBER 2010

PRESIDENT'S MESSAGE



Dear Colleagues,

I feel like I need to begin by saying WOW! It just seems like yesterday I was standing before some of you in at the Marriott in Louisville, crying my eyes out like a baby. But as I told you on that day there was a lot I wanted to get done this year and one of my main focuses was going to be membership. So with that being said sit down, buckle up your seat belts, and enjoy this race with me.

On Saturday May 8th my first responsibility was to speak to the graduating Dentists and Hygienists at the University of Louisville graduation. This was such an honor for me because it brought back some of the fondest memories that I have of graduating from Western Kentucky University. I was suited in a black cap and gown and I got to sit on the stage with all the important people. But boy at that moment I was not feeling that special; I was a nervous wreck. I had prepared the nicest speech; I had rehearsed it several times with my family so I knew I was ready. So it became my turn to speak; I stood up got in front of the podium and couldn't remember a word of my speech nor could I read what I had on my note cards. So this was my first experience of giving a speech from the heart.

On June 18th I made my second stop at the Cracker Barrel in Elizabethtown for the first of my Presidential task. I had to complete a yearly evaluation with our Executive Director (Janet Pike). I had no idea that being President meant I had to complete evaluations, but with that being said fellow officers Laura Blanton, Dee Schwiekle and

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myself met with Janet. During that discussion we discussed the direction that KYDHA wanted to go in the next year and what we were wanting our Executive Director to do. At that point Janet told us she would need us to think about everything we had talked about and requested a second meeting. Janet then contacted me to let me know that with her father's health conditions and the other responsibilities that she had she did not feel she could continue on with KYDHA as our Executive Director. So the search began for a new Executive Director. Interviews were held by the Executive Board for the position of Executive Director at my house in Owensboro, Ky. The decision was made to ask Donna Ruley to become KYDHA Executive Director and she accepted. So Janet worked very graciously with Donna on the transition of all the important documents and all accounts. Everyone remember to keep Janet and her father in your thoughts and prayers daily as we all love her and are very grateful to have had the time with her as we did as KYDHA Executive Director.

On June 25th I flew to Las Vegas, Nevada to attend the ADHA Annual Session where I was head delegate for the state of Kentucky. When arriving in Vegas I was announced over the PA system at the airport to go to the luggage claim for Southwest Airlines, where there I was told that my luggage was still in Nashville, TN. Needless to say I was just a little bit upset as I had nothing I could change in to or freshen up with for the Presidential reception that night. Not to say that the Toga dress that I had spent two nights making I was going to be unable to wear. At 1:30 a.m. a knock on my hotel room door and it was my luggage! The remainder of the meeting was an AWESOME event and I hope everyone has the opportunity to attend the National Convention at one point in there life. Next year it will be in NASHVILLE, TN.

My fourth stop was a little different and a lot less stressful. After Donna became Executive Director she informed me that I was suppose to have a yearly evaluation with our Lobbyist. Here I was again thinking to myself, nobody told me that being President involved all of these evaluations. I then emailed the Executive Board and asked them what they wanted me to talk with the Lobbyist about, if they wanted any changes and if they wanted to have a meeting with him or would a phone call be sufficient. The Board gave me the authority to just hold a telephone evaluation with him. So I emailed Greg Brotzge, KYDHA Lobbyist, and informed him that we needed to have an evaluation and asked him to call me when it was convenient for him. Well needless to say Greg and I convenient time happened while I was setting in the Office Depot parking lot in Owensboro, Ky. All is well with Greg and he will continue to work with KYDHA for the next year, WHEW!

On August 6 and 7 the first Board of Trustees Meeting and the first Council and Committee Meetings were held at my house in Owensboro, KY. I want everyone to know that I had 24 officers and trustees in my basement and we had one of the most productive business meetings I have seen in a long time because KYDHA Rocks! You all were awesome and very well prepared for the long day and half that we had. Not to mention that 19 of that 24 slept on my basement floor!

On Friday August 20 I drove to London, KY to attend the first of I hope to be several component meetings. I left my house at 9:30a.m. headed for London; I was planning on arriving in London by noon. Well my first mistake, London is an hour ahead of me, second mistake the further East I went the more State Troopers I saw and there was no way I could speed. So I did not make it to London by noon. I did however get there in time to hear the last of the infection control speaker (she was very interesting). I also was there for their business meeting. When I arrived the room had approximately 40 Dentists and Hygienists in it. So my stomach started really rolling and I kept telling myself that I could do this and I could stand in front of this room and not get emotional. My support and "my seat", Laura Blanton, kept telling me it was going to be okay. So when President Linda Wilson stood to tell everyone that the Business meeting was about to begin, the room emptied, there were 9 hygienist left in the room. I thought to myself okay Beth you definitely can get up and talk to this group with no problem. So I gave a brief talk with the group about the importance of being a member of KYDHA and what being a part of the organization could do for them. When I left that day for my long drive back home 2 hygienist made promises that they were joining KYDHA. I

hope they followed through and did this (you know who you are)!

My next stop will be on Saturday September 10 in Florence KY for the Northern Kentucky component continuing education meeting. Then I will be going to Louisville, Lexington, Green River and I hope many more. I am still trying to gather each components calendar for the year so I can attend ALL of the components and I want to attend the Hygiene Schools across the state as well.

So I hope you all are enjoying your ride so far. Stay buckled up because we have lots more miles to travel and I want to keep you informed of how I am representing YOU across the state!!

"Remember positive words and positive minds make for a positive world."

Respectfully Submitted,

Beth D. Nicely, R.D.H

BANNER LEGISLATION YEAR!

Banner Legislation Year for Kentucky's Dental Professionals

The year 2010 will go down in history as the year the entire Kentucky Dental Practice Act was reorganized to become more user friendly and up-to-date. The Kentucky Dental Hygienists' Association joined together with The Kentucky Dental Association and the Kentucky Board of Dentistry to re-organize the Kentucky Dental Practice Act, 2009-2010. The new practice act passed in our state's legislature unanimously in both the House of Representatives and Senate on March 26th, 2010. There are some additions, deletions and changes that will affect your professional daily life that you should be aware of. For the Kentucky dental hygienists, we have added one more RDH member to the KY Board of Dentistry. The new practice act also allows the hygienists to place sealants, fluoride treatments, perform oral hygiene instruction and nutritional counseling without the supervision of a dentist in a volunteer community health setting. Our new practice act is creating a Public Health Dental Hygienist working under the purview of the KY Public Health Department's protocols and is defined by the Public Health Dental Director. In addition, the regulations have expanded continuing education venues and are requiring dental assistants /auxiliaries to be recognized by the Board of Dentistry. We now have emergency regulations in place that details how the new statute will be regulated. Because they are not considered the ordinary regulations for another 180 days, you have time to make comments to the Board of Dentistry. You are encouraged to take this opportunity to review the Emergency Regulations. The new Dental Practice Act (HB179 SCS1) and the Emergency Regulations are posted on the Kentucky Board of Dentistry's website at <http://dentistry.ky.gov>.

This is a positive advancement for the profession of Dentistry, especially in the area of dental hygiene, and for the citizens of Kentucky. Thanks to all of you for your efforts, both large and small, in getting a new Dental Practice Act in place

that will provide the best dental care with the best quality caregivers.
Respectfully submitted,

Donna L. Fogle, RDH
KDHA Legislation Chair
Ky HY-PAC Chair

KY HY-PAC

Kentucky Dental Hygienists' Association Political Action Committee

Statutes prohibit associations from directly contributing to political candidates; therefore, a political action committee is created to function politically on the behalf of an association. KY Hy-PAC represents Kentucky Dental Hygienists' Association (KDHA) on political issues and contributes to political candidates who support the interests of our profession.

We need your help in increasing our funds for any future legislation issues and to help elect the political candidates that are supportive of our dental hygiene concerns. Please make a contribution to the Hy-PAC fund and complete the form below. Thanks so much in advance for your support!

KY Hy-PAC Contribution

NAME _____ AMOUNT__
ADDRESS _____
CITY _____ STATE _____ ZIP _____
OCCUPATION _____

Mail to : Helene Freeman, RDH, 678 Parsons Court, Harrodsburg, KY 40330.
Your support is greatly appreciated! Unfortunately, political contributions are not tax deductible.

COMPONENT NEWS

BLUEGRASS

Saturday, October 2, 2010

"Medical Emergencies in the Dental Office"

Presented by: Juan F Yepes, DDS, MD, MPH, FDS RCS(Ed)
Resident/Division of Pediatric Dentistry
University of Kentucky College of Dentistry

University of Kentucky
W T Young Library
401 Hilltop Avenue
Lexington, KY 40506

Registration 8:30AM-9:00AM
Continuing Ed 9:00AM-12:00AM

Thursday, November 11, 2010

The Business Meeting will include:

An update on recent regulation changes affecting RDH's in Kentucky

Presented by: Brian Bishop, Executive Director, Kentucky Board of Dentistry

CE course will be presented by Sharlee Shirley Burch, RDH, MPH, Ed.S.
"Oral Cancer: What is new, what is old and what is our role"

Malone's Banquet Rooms (above Sal's Restaurant)
Lansdowne Shoppes
Lexington, KY 40502

Registration 6:00PM-6:30PM
Business Meeting 6:30PM-7:00PM
Continuing Ed 7:00PM-8:00PM

Please mail your registration in 2 weeks prior to the course:

BGDDHA
PO Box 23971
Lexington, KY 40523

HEARTLAND

We are looking forward to getting back into the swing of things after taking the summer off! Our schedule for the remainder of the year is as follows:

Sept. 25, 2010, 9 a.m. - 12 noon EST
Soft Drink Junkies
Anne Guignon
3 CE credits
Lincoln Trail District Health Dept.

Oct 23, 2010, 9 a.m - 12 noon EST
Implementing Preschool Dental Screening
Dr. Julie McKee
1 CE credit
Lincoln Trail District Health Dept.

Meth Use and Abuse in Kentucky and Dental-Related Effects
Kim Dean
2 CE credits
Lincoln Trail District Health Dept.

These two classes are free in honor of National Dental Hygiene Month. We ask only that you bring a donation of tooth brushes or toothpaste to be donated to a local women's shelter.

Nov. 11, 2010, 6 - 9 p.m. EST
Question & Answer Session
Brian Bishap, Executive Director
3 CE credits
Hawks View Gallery

This class is free. You will only need to pay for your dinner. Go to www.heartlanddha.org for the menu and directions.

Respectfully submitted,

Rebecca Ray, RDH
President HDHA 2010

LOUISVILLE

Lost in Translation:
Common Obstacles to Case Acceptance
Nationally Recognized Speaker: Patti DiGangi
Sponsored by Proctor & Gamble Crest/Oral B - Dan Mullaney
Co-Sponsors: GC America, Sunstar, Young Dental/Denticator
Thursday Sept. 16, 2010
6:15 pm

Medical Emergencies for the Dental Hygienist
Nationally Recognized Speaker: Cindy Kleinman, R.D.H., BS
Sponsored by GSK
Thursday Oct. 21, 2010
6:15 pm

Perio Concepts
Speaker: Dr. Ramsey Burton, D.M.D.
Thursday Nov. 11, 2010
6:15 pm

CE courses are located at:
Republic Bank
Community Room (lower level)
9600 Brownsboro Rd.
Louisville, KY

Mail Registration to:
LDDHA, c/o Kathy Bleemel
2910 Little Union Rd.
Taylorsville, KY 40071

SOUTHEASTERN

My name is Bridgett Asberry and I am the new trustee for the Southeastern component. I am married with 2 children and reside in Somerset, Kentucky. I graduated from Big Sandy Community and Technical College in May of 2009. I am employed full time at Dr. Ricky Farmer's office also in Somerset, Kentucky. If you should need to contact me I may be reached at bridgett_a@yahoo.com. I really hope to serve our component well for the next two years.

The Southeastern component will be offering two CE's for 2011. One will be in March and the other will take place in October. At our last meeting on August 20, 2010 officers were nominated and elected. I would like to congratulate the following:

Linda Wilson- President / CE Coordinator
Jessica Sizemore - Vice President
Elisa Brock - Secretary
Treasurer - Cindy Hargis

It is a great duty that these ladies have agreed upon and we want to wish them well in the upcoming year for their dedication to the KDHA.

Good Luck ladies!

CE COURSES

AADB website: www.dentalboards.org

Sexual Boundaries in Dentistry

CE Credit - 1 hour. \$28

Guidelines on the Dental Patient Record

CE Credit - 1 hour. \$28

KEEP OUR MEMBERS INFORMED!

Members of KYDHA, do know all the benefits we can enjoy as members of ADHA? We have discounts on loupes, scrubs, insurance (auto, liability, disability, and health), rental cars, prescriptions, and hotels. We are also eligible for special cell phone packages, an ADHA credit card, financial planning and mileage program through our membership. For extra information, please go to <http://benefits.adha.org>. It is important that we know all our benefits so we can share with others the value of being a member!

ADHA has some suggestions for components to get more people to attend local meetings. Here are a couple: give local meeting notices to all local dental offices and give the local dental society a list of local meetings with a contact name and number. They also suggest that there be someone from each component sitting outside the entrance of component meetings with membership packets containing information and an application. I can mail some to you if you need them. If you are already doing these, bravo! If you would like more tips, please feel free to contact me: Lory Wilson, loryw.rdh@gmail.com.

Respectfully submitted,

Lory Wilson, RDH

Immediate Past President, Membership Chair

ADHA ANNUAL SESSION



KYDHA MISSION STATEMENT

The mission of the Kentucky Dental Hygienists' Association is to improve the total health of all Kentuckians by ensuring access to quality oral health care and increasing awareness of the benefits of prevention while representing and promoting the highest standards of dental hygiene education, licensure and practice, thereby preserving the interests of Kentucky's dental hygienists.

REMINDER:

Don't Forget To Send Your Change Of Address To:

411 Lake Forest Parkway
Louisville, Kentucky 40245
info@kydha.org

and

Kentucky Board of Dentistry
312 Whittington Parkway
Louisville, KY 40222

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